

Real Food & Real Community

Third Thursdays **FREE Talk & Social Series**

Leonardo's Coffeehouse (159 N 4th St., Steubenville) - 7pm-8:30pm

More info: www.thehealingland.com



Thursday, January 18

Dr. Brian Burke, Trinity Health

Real Food as Medicine



Thursday, February 15

Meg Krivoniak, Wild Sycamore Farm

*Nourished Kitchen:
Scratch Cooking with Local Ingredients*



Thursday, March 21

Marc Barnes, Steubenville Grocery Box

How To Support Your Local Producers



Thursday, April 18

Shawn & Beth Dougherty, *The Independent Farmstead*

How To Build Real Community

